

An America That Yet Could Be

Livestream & In Person at 10:00am

This morning's service is a meditation on life in an America that is not yet, but yet could be, from the perspectives of race, class, and gender, and grounded in our UU theologies.

Video sermon by the Reverend Deborah Cayer, until recently the acting Lead Minister of the Eno River UU Fellowship in Durham, NC and provided through the Tar Heel UU Worship Project. With live music by John Austin and a reading by Alice Wellborn.



Photo by frank mckenna on Unsplash

"We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defense, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America."

Preamble of the Unites States Constitution



This month's Charitable Giving is to UUTC's own Dignity Project. Based on our First Principle—The inherent worth and dignity of every person— it enables our Social Action Team to work with local agencies like El Centro, Rise & Shine and others, to supply goods that aren't necessarily missional in and of themselves, but provide for the dignity (especially along the lines of personal hygiene) of people served by those programs. Razors for cleaning up for a job interview, diapers for the not-yet-toilet trained, menstrual products for those whose families can't afford them — these are not casual needs. Please give generously.

June

Excerpts from the Minutes:

Present: Glenn Cockerham, Ian Cowie, Michael Griffith, Vicki Held, Betty Kendrick, Quim Moya, Bart Renner, Kay Webb, Alice Wellborn, and RK Young.

Minister's Report - Rev. Bob reported



attending the local vigil against gun violence at the courthouse, the NAACP breakfast at Bethel A Baptist Church, the AAUW book sale, the Hendersonville Pride Picnic, and the Juneteenth events in Brevard. He serves on several non- profit boards in the region and believes..." this is important for UU ministers to be rooted in community and lend leadership support where it fits our values and hopes for society."

Treasurer's Report – Based upon financial information available from the first eleven months of the fiscal year, Gail generated a June Projection Estimate, which, at this time, projects a surplus at the end of the fiscal year. ~ Gail reported that she is currently working on updating the Treasurer's Manual.

Operations Report — RK reported that she will be meeting with Rev. Bob and Gail to consider a timeline that accommodates a more realistic training of the next bookkeeper hire to replace KP, who recently resigned. She reported that Glade Creek Services has installed new bulb connectors, bulbs, and trim rings in all soffit lighting around the perimeter of the man building and has replaced the bulbs in the maintenance room with LED bulbs; these services were billed before the end of June.

Old Business: Ministry/Minister Annual Evaluation Update After discussion, the Board consensus was very positive, and members unanimously agreed for Alice to move forward with any needed fine-tuning of the instrument and implementation of the evaluation timeline with the Review Task Force. All shared their gratitude to Sharon Moya for volunteering her professional expertise to develop the process and the instrument that can be used annually.

New Business: Orientation to Governing Documents – Kay provided a brief overview of the five UUTC governing documents and indicated the Board's responsibilities for maintaining each document. Each of the five documents can be found on the UUTC website on the Board's page. **Authorization of Bank Signatories** – Prior to the Board meeting, Gail shared a document with Board members recommending duly elected officers and employees to fill signatory positions for the fiscal year July1, 2022, to June 30, 2023, and list of accounts and signatory positions. *Kay made a motion to approve the bank signatories recommended by the Treasurer; Glenn seconded the motion. The motion was approved unanimously.*

For the full Minutes, the Treasurer's Report and the Minister's full report, please visit the **Board's Page** and select the reports you wish to view.



"I've been hacked!"

A common refrain in this digital age. Let's look at what it means, how it happens, and how to avoid it happening.

[Ed. Note: this article is excellent, and needed more space than we have in the Wayfinding. **Please find the complete article,** with more examples and clarity, <u>HERE.</u>]

So, what are the results of being hacked? On Facebook, changes to personal information in the profile; friends notify you about suspicious or unusual posts,

odd requests for monetary help, a friend request from someone already a friend; Messenger messages that are out of character – usually with requests to view a link. Other hacks may show up as frequent pop-up windows that encourage you to visit unusual sites, download anti-virus or other software.

Often, I hear "How does this happen?" It often happens not because of anything you did, except not change passwords on a regular basis. There are nefarious people and criminal organizations that exist only to find out your passwords, in hope of gaining personal information for the creation of false identities, ID theft, gaining access to your financial accounts. It can happen by responding to an important-sounding email from a company you do business with asking to verify your account or stating a problem with your payment method. **These can be spotted by examining the email address from which the message was sent** - it should be from the company's site to enter the information, and NOT by following the link in an email.

Security relies upon a series of levels. First level is name and password. Second level is implementing what is often called two-factor authentication. This takes the login and password to a new level by adding a code received in an email, text or special app to the mix. If you enable two-factor authentication on all your accounts, you have created a minor inconvenience for yourself but given hackers a major hurdle to cross. They will most likely leave you alone and go for the less well-informed person. **Turn on two-factor authentication inside the security settings section of your application** (Facebook, bank, credit card site). It will ask how you want to receive the authentication code. The easiest is by text or email message, since most people have a phone on their person at all times. When you logon again, the site will ask for your name and password as always, then ask you to insert the code you received in email or text.

Let's talk some more about those passwords. If I use the same password for everything, everything is vulnerable to theft after the password is discovered. If I use only a couple of passwords, **big swaths of my digital/financial life can be stolen after just one password is compromised**. I need to use a different password for every secure site I log into. How do I remember, how could I remember, 1,624 passwords? It's impossible!

Voila! The password manager app is born. There are a lot out there, some free, most not. Let's talk about two – Google Password Manager and iCloud Keychain. Both are free. Keychain is on every

Apple device, and Google Password Manager is available as a free Chrome web browser add-on. I use Chrome, having no Apple products.

In the Chrome browser, click on the vertical ellipsis on the far right of the toolbar, go to Setting, Autofill, Passwords, click on offer to save passwords and auto sign-in, and you're set. Google will save all your passwords as you use them and auto-fill them the next time you go to that site. This way you can create long complex passwords, not have to remember them, and have them on every device (computer, phone, tablet) that you use.

Let's talk about those passwords for a moment. To be effective in protecting you, a password should be no less than eleven characters long. I like to use fifteen. It needs to be a mix of lower- and upper-case letters, numbers and symbols, in no recognizable pattern – *mis-speled wOrdes* are not secure and can be easily broken by a brute-force attack. A random password looks like: =dF'HSd.><[xS6W Where did I get that? Google password generator, pick one and use it for random passwords. Use a different one each time.

Change all important passwords, those for financial sites, those for social apps like Facebook,

frequently – every four to six months. Use two-factor authentication everywhere it's offered. If a financial company doesn't offer two-factor authentication, change companies, because that one is not concerned with your safety. Digital security is like locking the door when we leave home – many years ago, we could leave the door unlocked, but not today. Two-factor authentication is your deadbolt!

Dave Roberts

Upcoming Events — Don't Miss Out... Time Flies!

Mark your calendars now for the return of our Annual Picnic — held again this year at Atagahi Park at Connestee, on **August 21st**. We will publish this as a Registration Event in Realm (just like Wonderful Wednesdays) because we must turn over a list of names of attendees to gate security. You will see it pop up in the Realm Connect app soon! This is a great time for the kids, with swimming and other activities available.



Wonderful Wednesday registration is open NOW, for **July 13th**. Registration (in which you can select a Standard meal or a Vegetarian Meal) is to help us keep the numbers no higher than 60 for the dinner. Any and all can come to the showing of *The Joy of Sox*... which sounds a bit like Quantum Physics! Come enjoy the evening and maybe you'll learn some tricks for achieving the outcomes you desire. Scan the code to register or visit this LINK.

Chalice Camp, coming August 8-12, may *sound* like a long way away, but the discounted registration for early birds ends this month! Enroll your children aged 5-10 to get the discount. Members have an additional discount — reach out to <u>administrator@uutc.org</u> to get that. Not a member? Talk to Rev. Bob! Register <u>HERE</u>, or scan this code.



Charitable Giving — Your Selections

Vecinos Health Care for Low Income Latinx	65 (85.53%)
Sharing House – provides emergency assistance to the poor including food, clothing, household goods, and assistance in paying utility and rent bills.	67 (88.16%)
Bread of Lifeprovides hot lunches every weekday both at their center in Brevard, via Food Truck in Rosman, and via home delivery for those unable to come in.	71 (93.42%)
The Children's Centerprovides emergency and educational assistance to families of young children plus new mother support and children's advocacy.	69 (90.79%)
S.A.F.Ehelps victims of domestic violence or sexual assault through prevention and education.	69 (90.79%)
Free Rein Center for Therapeutic Riding-uses horses to provide benefits to children, teens, ar adults with developmental, cognitive, emotional, and physical challenges	nd 54 (71.05%)
The Augustine Literacy Projectprovides professionally trained tutors for those who cannot afford to pay. Improving reading skills develops children's curiosity and equips them to live ir our modern world. Being literate can mean the difference between prison and productivity fo an at-risk student.	
El Centrohelps immigrant families with language tutoring, after-school assistance, and documentation guidance. They run the "Homework Club", an after-school tutoring program f children in grades 1-5. They need help funding summer enrichment activities such as camp and field trips, and funding the training of additional volunteer tutors.	71 (93.42%) or
The Havenprovides shelter, counseling, and help with rehousing for the homeless of Transylvania County. This includes safe and secure shelter, shower and laundry facilities, 2 light meals a day, case management, and a mail and telephone message service.	73 (96.05%)
Meals on Wheelshelps clients maintain their independence in their own homes by providin noontime home delivery of nutritious meals, the only provider of this service in the area. Sometimes this is the only social contact a client has all day.	g 64 (84.21%)
Pisgah Legal Services –provides free civil legal aid to the most vulnerable people in WNC – disadvantaged children, senior citizens, families at risk of homelessness, and victims of violence.	72 (94.74%)

We were able to expand the number of agencies we will fund in fiscal year 2022-23 because we will fund the Minister's Discretionary Fund only on Christmas Eve.

The responses to the ballot (79 people exercised their democratic process rights) showed clear consensus, and included the Vecinos Health Care agency.

Thanks for voting!

SO MANY OPTIONS!

Adult Religious Exploration, as you may have noticed, is getting their life-despite-covid groove on.

And because we don't all read every inch of this publication, I wanted to call out just HOW MUCH is going on (IN PERSON) ... particularly in the Chalice House! Each program that is now proposed must align its goals to our Seven Principles to make the cut. This was first instituted under chair Jeanie Bernard, and continues under Don Lander, with additional support from Rev. Bob. Below are listed current groups meeting — there is likely a spot or two available in all of them, so please reach out to the Group Leader to find out if they have space for you.

Second Sundays, 2:00pm: Royce Zia leads the **On Being discussion group**, which uses the previous weeks from Krista Tippett's podcast as inspiration ... "thoughtfully delving into the mysteries of human existence." Meets in the **Chalice Circle** or other spot as arranged by Royce.

Mondays at 5:30pm: Lani Callison leads the Monday evening meditation group: **Set Your Week of Peace**. "Read, Meditate, Discuss." You may know of Lani through her work with Blue Zones. She hopes for this group to "enable connection and growth which empowers us to transmute suffering." Meets in the **Chalice House**.

Tuesdays at 9:00am: Grow Getters, led by Vicki Held, is a **service** group, working to remove invasive species from our campus and recreate natural habitat. In the public-facing portions of the campus, they are also working to make these changes attractive! Target locations **on the grounds** are set by Vicki for the day's work.

Tuesdays at 4:00pm: Quiet Meditation led by David Alff. This group meets in the **Chalice House**. Since this is a quiet meditation group, please arrive a bit early so the

group can start without interruption.

1st & 3rd Wednesdays at 1:30pm: Women of UUTC, led by Janice Canon and Sandy Kirkman. This is a group for sharing and building community, and meets in the **foyer**.



2nd & 4th Wednesdays at 1:15pm: Carol Flake, Jean Rowe and Jenny Zia help to lead the **Dream Group**. They confidentially process the



dreams they've had. Currently meets in the **sanctuary**.

Thursdays, 2:30pm: Don O' Dell leads **A Course in Miracles**. This group meets in the **Chalice House**. (ACIM) It has helped people of all stripes develop a spiritual discipline.

Thursdays, 3:00pm: Quim Moya leads the **French Conversation Group**. Speak French? You don't need to be perfect! This is a great space to brush up and enjoy the language and each other. Meets in the **Chalice Circle or the Foyer**, weather depending. Continued from page 6:

Fridays at 5:00pm: Finding Your Emotional Center of Gravity. This reading and discussion group is led by Elizabeth Galloway and meets in the **Social Hall**. Elizabeth says: "I like the quote "our greatest wealth is our health" and health is physical, emotional, mental, and spiritual. Having worked in health care for most of my career, I believe stress is related to many of our illnesses. My personal journey of health includes finding like-minded people who want to grow emotionally and spiritually."



New In Your UUTC Library

Recently added to the UUTC Library is **HOW THE BIBLE BECAME THE BIBLE** by Donald L. O'Dell. This book explores how the Bible came to be and why a literal interpretation of it may be dangerous. The author also describes how the Bible potentially forms a bridge of understanding between Judaism, Christianity, and Islam. It can break down barriers that need not exist and shed light on the source texts that bring peace, understanding, enlightenment, and freedom.

Rev. O'Dell's book is shelved in the Christianity section of the library, alphabetically by the author's last name. It is currently our "Featured Book."

Also new is the book **SEARCH**, by Michelle Huneven. A funny and engaging story, it should probably be required reading for UU Search Committees. The book has caused quite a bit of angst, but it is a very human story of how our desires don't always jive with others— and the path is rarely easy. Huneven's book is shelved in the UU section of the library.

DO THIS TODAY: REGISTER FOR THE RETREAT

Bruce Kirkman

The Mountain Retreat and Learning Center is one of Unitarian Universalism's prime assets. Sited at 4125 feet atop Little Scaley Mountain outside Highlands, it sits among o*ne of the worlds last and largest dwarf oak tree forests*. The Mountain has hosted thousands of UU adults and youth in its stunning beauty during its 43 year history.

Rev Bob has reserved space there the weekend of **September 9 – 11 for a UUTC retreat**. Only a limited number can be accommodated so make your reservation soon! Your weekend will be filled with fellowship, learning, worship, singing, good food and the surrounding beauty. Arrival for the weekend is Friday afternoon with departure after lunch on Sunday.

The retreat cost is \$210 for adults (double) or \$310 single. For youth aged 12-17 lodging with family, the cost is \$110, and youth 4-11 are \$80. You can <u>make a reservation online</u> or by calling 828-526-5838, We recommend carpooling to help preserve the eco-system of the area. RATES INCREASE after July 29th, so register early!!



Responding to Functional Needs

RK Young

If you read "So Many Options" on page six, you might have noticed a slew of groups meeting at the Chalice House — that aren't youth groups! What gives?, you might be asking!

Less Noise and More Privacy is the answer. In response to a request from Kevin Lausch, the Facilities Team has also ordered a custom door to further

help with creating a division between the meeting room and the kitchen in the Chalice House. This will ensure that Kevin's presence doesn't interfere with groups meeting there. It's a small expense, and a good step to take to make sure that the building meets as many needs as it can during the time we will be using it.

You might have also noticed that people are using the Foyer for meetings, too. Simple answer: comfortable chairs already in position! Some of these comfortable chairs are also in the Chalice House. And it makes sense to leave them in both of these places. Our folding chairs may be ok for dinner, but to meditate? Not so much. But— this leaves us with only 123 chairs in the sanctuary. And we could really use two more of those in the Chalice House. What to do?

It's likely time to address that need by addressing another. One of our challenges in the sanctuary is the choir. We're a messy bunch. Not only do we have big folders, but also two hymnals, because our director insists on us singing parts, drat his hide. We tried attaching book racks under the chairs, but these racks only benefit those behind you—leaving the front row scrambling, and leaving their folders AND hymnals on the floor.

Rather than try to purchase new chairs for our other meeting spaces, it makes sense to purchase dedicated choir chairs that have book racks to the side of every seat—which will free us to repurpose the blue chairs. These new chairs will set us back about \$180 each, and we'll need a minimum order of 12 to make it happen. Samples of stains and fabrics are on the way, and when they arrive, the Aesthetics Team gets to wrestle with the question. While the front row is fewer than 9 seats, I can see Aesthetics wanting to complete the 2nd row, as well. That would likely be a purchase of 18 chairs.

As in the past, this type of capital expense (as in, depreciation applies) is a good candidate as a "sponsored project." The Board creates a list of approved projects — this is one of those—and folks can make gifts of whatever size to help make the project—this time choir chairs— happen. The old chairs being replaced then get moved into the rows—helping us to start placing hymnals around the sanctuary that don't have to be picked up each Sunday. This would be especially helpful for those new to our music who like to read the notes. To make a special gift, just put "choir chairs" in the memo line of your check.

There are things we can do to make our main building quieter, but the quickest thing we can do to make our groups comfortable is to make good seating accessible in whatever room they choose to meet.

Recognizing the People

Rev. Bob Renjilian

In June I got another chance to get acquainted with the people of Brevard. Just a few blocks from UUTC, on part of my bike route, is the Bethel A Baptist Church, and just beyond that is the Mary C. Jenkins



Community Center. I was alarmed as I heard some of the fears and experiences of residents around there.

In a conversation sponsored by the NAACP, I joined a circle of religious leaders of the community. We met in the breezeway of the Bethel A church on a Saturday morning, within sight of smaller homes and one large new house being built. A person in the circle phrased it as "being in the shadow" of the new construction. I listened as the story was told of how developers are going door to door, asking if people want to sell their houses. The impression the residents were getting was that they - the

people of the neighborhood - were not valued, just their property.

I put this in context with history. I'd already learned the stories of the Rosenwald elders who could not attend High School in Brevard, and how precious few could make it to Hendersonville where they could continue their studies. I remember interviewing with the UUTC search team and their awareness of the history of a nearby "sundown town" in this county that stayed that way long after the civil rights era. And I remembered taking my children to Cherokee when they were young, and learning more about the Trail of Tears starting from this Western North Carolina region. Knowing history helps me in my antiracism, helps me better understand how a phrase such as "want to sell?" conveys "I'm being pushed out of my own neighborhood."

Another bit I overheard was the fear that the Mary C. Jenkins Community Center wasn't going to be for the residents in the end. Does that go back to remembering parks that were not for Rosenwald residents in Jim Crow, or lack of high school admission, combined with the sense that the neighborhood was going to be emptied of its residents? I didn't get to go deeper with that thread, but it was in my mind as I attended the Juneteenth event the next Sunday. I had a sense I was being welcomed to share a meal with the neighborhood (as were many other UUTC folks, and some of the religious leaders who were in that NAACP circle), and so I observed the people, and the feelings of connection between neighbors.

At the Juneteenth event, after having sat and shared the meal with others, I made a point to introduce myself to the new Director, the first-ever for the Community Center, Tyree Griffen. I let him know we were just down Oakdale street on South Broad Street. And I offered that if he needed anything, I expected our UUTC congregation would step up and respond to his invitation. I didn't put my ideas of what would be helpful, as I'm guessing we'd not be so arrogant as to assume we know the needs. I let him know we're around, and left him my card. He thanked me and said he'd be back in touch.

The proposed eighth principle for the Unitarian Universalist principles and purposes statement calls for us to realize anti-racism is part of our religious grounding - or needs to be if we're really going to be relevant to the world around us. If you are a good listener, maybe you'll hear more from Rosenwald neighbors, and humbly offer to be of use. I'm going to keep myself engaged and open to the conversations too.



July 2022 at UUTC

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday
Dignity Project is this month's Social Justice Giving	See Wayfinding newsletter for event details! Also check your UUpdates!	Registration required for 5:30 dinner part of Wonderful Wednesday. Program open for all at 6:30!	Nursery care available for Sunday service		Wayfinding Newsletter 5:00 Emotional Centering	1	Families: 2 Be sure to signup for Chalice Camp! Meets August 8-12. Spaces limited!
3 10:00 livestreamed 10:00 in-person service 5:30 pm BYOB at the RING	4 5:00 pm Moral Mondays @ Courthouse 5:30 pm Week of Peace Meditation & Discussion	5 9 am Men's Grp Zoom 10-12 Grow Getters 11:30-1:30 Fellowship on the Green 4-5 Quiet Meditation 4pm NAACP Education	6 1:30- Women of UUTC 4 Social Action 4:00 Choir Rehearsal	7 2:30 A Course in Miracles 3:00 French Conversation	Check email for UUPDATE 5:00 Emotional Centering	8	9
10 10:00 livestreamed 10:00 in-person service 2 pm On Being (attendance limited)	11 5:00 pm Moral Mondays @ Courthouse 10 am Caregivers Support Group 5:30 pm Week of Peace Meditation & Discussion	12 9 am Men's Grp Zoom 10-12 Grow Getters 11:30-1:30 Fellowship on the Green 4-5 Quiet Meditation	13 1:15 Dream Grp 4:00 Choir Rehearsal Wonderful Wednesday! 5:30 Dinner 6:30 Program	14 2:30 A Course in Miracles 3:00 French Conversation 5:30 pm Rainbow Alliance	Check email for UUPDATE 5:00 Emotional Centering	15	16
17 Choir Sings! 10:00 livestreamed 10:00 in-person service	18 5:00 pm Moral Mondays @ Courthouse 5:30 pm Week of Peace Meditation & Discussion	19 9 am Men's Grp Zoom 10-12 Grow Getters 11:30-1:30 Fellowship on the Green 4-5 Quiet Meditation	20 1:30- Women of UUTC 4:00 Choir Rehearsal	21 2:00 LHHH 2:30 A Course in Miracles 3 pm French Conversation	: Check email for UUPDATE 5:00 Emotional Centering	22	23
24 Choir Sings! 10:00 livestreamed 10:00 in-person service	25 5:00 pm Moral Mondays @ Courthouse 10 am Caregivers Support Group 5:30 pm Week of Peace Meditation & Discussion	26 9 am Men's Grp Zoom 10-12 Grow Getters 11:30-1:30 Fellowship on the Green 4-5 Quiet Meditation	27 1:15 Dream Grp 5:30 Team Meeting Night	28 2:30 A Course in Miracles 3 pm French Conversation 5:30 pm Board Meeting	Check email for UUPDATE 5:00 Emotional Centering	29	3030
31 10:00 livestreamed 10:00 in-person service	1 15:00 pm Moral Mondays @ Courthouse 5:30 pm Week of Peace Meditation	2 9 am Men's Grp Zoom 10-12 Grow Getters 11:30-1:30 Fellowship on the Green 4-5 Quiet Meditation 4pm NAACP	3 1:30- Women of UUTC 4 Social Action	4 2:30 A Course in Miracles 3:00 French Conversation	Wayfinding Newsletter 5:00 Emotional Centering	5	6