

UUTC UPDATE

Inclusive. Intentional. *Involved.*

Office Hours

The office is open Mon-Fri from 9:30 to 12:30 and by appointment.

Pastoral Care

Going through a rough spot? Have surgery coming up? Call (877) 510-5603 or email lhh@uutc.org.

Nursery Care

Our Nursery is open Sunday from 9:00am to noon for children ages 0-3. Take advantage of either service —our childcare staff would love to welcome your child.

Coming Up at UUTC

Facilities Cleaning Day — Sat @ 9:00
 Heartfulness Meditation — Sat @ 5:30
 Men's Group — Tues @ 9:00
 Worship Team — Tues @ 1:30
 Board Mtg — Tues @ 5:30
 SMART Recovery — Tues @ 6:00
 Never Too Late — Wed @ 10:00
 Eclectics — Wed @ 10:00
 WC Renewal — Wed @ 5:30
 Sierra Club — Thurs @ 7:00



ORIGINS OF EMPATHY IN TC

Mark Burrows

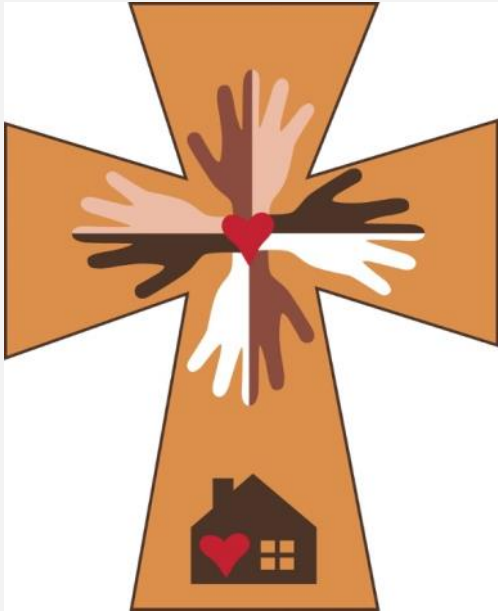
During the development of the national and state award winning 2025 Transylvania County Comprehensive Plan, Mark created "Project Empathy" with the encouragement and support of many individuals and community groups concerned with equity and the lack of diverse and civil dialogue on important topics. This effort was recognized in 2019 by NC State University as a model to encourage greater community dialogue and engagement. Mark will explore the concept of empathy and the creation of Project Empathy.

Services at 9:15am and 11:00am. Join us for coffee at 10:30am!

“The friend who can be silent with us in a moment of despair or confusion, who can stay with us in an hour of grief and bereavement, who can tolerate not knowing, not curing, not healing and face with us the reality of our powerlessness, that is a friend who cares.”

— Henri Nouwen, *Out of Solitude*

Social Justice Giving: Sharing House



Sharing House is a source of compassion and crisis assistance for our low-income (up to 200% above poverty line) neighbors in Transylvania County, where we offer food and fresh produce, gently-used clothes, rent and utility assistance, household goods, camping equipment, hot showers, a safe place to share stories of struggle... and a refuge of social interaction. We also empower people who seek paths to self-reliance, through special programs such as "Wheels to Work" and the Bridges Out of Poverty mentoring class called "Getting Ahead."



SUNDAY, A WEEK FROM NOW The Shadow Knows

Rev. Sally Beth Shore

Here we are at the end of October again, and you know what that means...like it or not, we do have a cultural holiday in the US devoted to stirring up fear, or some kind of homage to fear. And even if there weren't the holiday, we have a huge industry of goth novels, vampire epics, and horror films, not to mention the zombie apocalypse craze of a few years ago. What's all this about? Do we need to be scared, or is all that just entertainment? What is it that really scares us, and how can we deal with these fears?

FIRE? REALLY?

... Pretend it is a yes!

At public schools, when an alarm rings, teachers and kids have to be out of the building and at a designated location within 2 minutes flat. This is true regardless of how large the school is, because in the event of an actual emergency, there is very little time available for missteps. Response must become "routine."

If you are in the sanctuary:

Listen to the Minister/Service Coordinator and execute on the actions. Speed is important, but being willing to assist anyone next to you. EXIT OUT OF THE SANCTUARY DOORS TO THE OUTSIDE, NOT BACK INTO THE BUILDING.

Musicians should clear chairs and instruments away from exits. Parents, once out, will find their children as below...

If you are in charge of children:

Gather children into the hall, shut classroom doors and proceed to the front doors (assuming no fire present on that path)... move to the lower parking lot. Keep the children at the Varsity Street side of the parking lot so parents may come to them there.

Ushers have more responsibilities, but will meet with the Worship Team to learn more.

SURVIVING GRIEF: MOVING THROUGH LOSS WITH A SUPPORT GROUP

Are you struggling with grief after the loss of a partner or loved one? Under the auspices of Loving Hearts and Helping Hands, UUTC is starting a small support group under the gentle guidance of a professional counselor. It will meet in the large classroom at UUTC.

Group members will help one another on the journey through grief, learning how to cope with loss and find purpose in life. The group will meet **twice a month** on Mondays from 10-11:30 for 6 months **starting November 4th**. Because of the emotional intensity of grief, the group is restricted to eight people who have suffered a recent loss. Please contact Ann Rabb if you have questions, and register on the sign up sheet.



Grief has no timeline

GETTING CONNECTED

Contact Directories are really important for us all to stay connected. But did you know that the **ChurchLife** app is available to Members and Friends free of charge? It is easy to use and is the most up-to-date resource for reaching other members of UUTC.

You can download and install the app from either Google Play or the Apple App Store. **Before you can use it, however, you will need a password from our ACS database.**



To get that password, go to our Member page on the website: <http://uutc.org/member/>, scroll down to the red "ACS" logo and click on it. It will direct you to the ACS login/get a password page. On that page, **look below the login** box for **"Need a Login? Click Here,"** and enter your email there. This will connect you to ACS and they will email you with a way to select a password to use with the **ChurchLife** app.

Sometimes this email ends up in your spam folder. If you have any trouble getting your password, come in to see RK and we'll get you set up properly. Be sure to bring all your OTHER passwords with you (email, Apple Id, etc), so we can complete the installation process.

If you successfully receive the email from UUTC that allows you to set a password, terrific! Follow the link (which will open your web browser), set up a password—write that down—and then close the browser. This is a little confusing because the browser will have UUTC and ACS all over it, but this is NOT the tidy little ChurchLife app, but the full-on database.

Now return to the ChurchLife app you previously downloaded. Use your email and your new password and login. Presto! Your church directory is in your pocket!

IF YOU DO NOT HAVE A SMARTPHONE: Drop by the office and request a printed copy of the contact directory, available to Members and Friends. While it has no images, it will give you current information for all the lovely people in our UUTC family.

VISION 2020-2025 LAUNCH!

Reserve your place now! Here's a sneak preview of the Vision 2020-2025 Launch on October 30th:

At 5:30pm we will enjoy a tasty catered supper prepared by Tony Carollo and good fellowship among Members and Friends. That will be followed by a short program.



Catch John Austin and Alice Hardy on film!

Be prepared to celebrate some of our success over the past year, learn about the vision process, and view short video reflections from the Social Justice Team, the Children's Religious Education Teams and the Worship Team. Members of those teams will share how the Vision will help set their goals and strategies.

Anyone can attend the program, but you **must register** for the supper. Do it now! There is limited seating available, and the caterer will need to know how much food to prepare. To cover the cost of the

meal, free-will donations will be accepted, much as was done for Wonderful Wednesdays.

To register for the supper, click the UUTC Vision logo, at right. If you need nursery care for children up to three years of age, call the office at 828-877-6121 to request it and tell us how many children you are bringing so we will have adequate staff on hand. See you then!

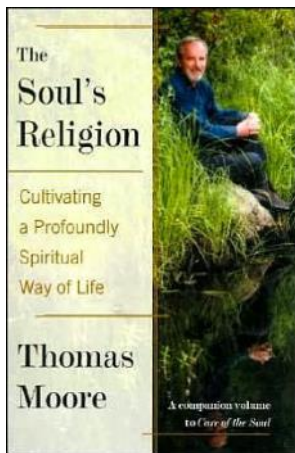


TWO MEN & A NEW DOOR

Our Men's Group must have gotten tired of dragging open the heavy door to the table closet, because all of a sudden, a new, lighter, single finger push door has moved in to the social hall!

Jim Hardy (who has excellent woodworking skills, for those of you who don't know him) crafted the new door in his shop with assistance from Bob Bennett's muscles (and his pickup truck). Then the two of them took down, dismantled and disposed of the original door, replacing it with the new model. Tables are now more accessible for all. Thanks, Jim & Bob!



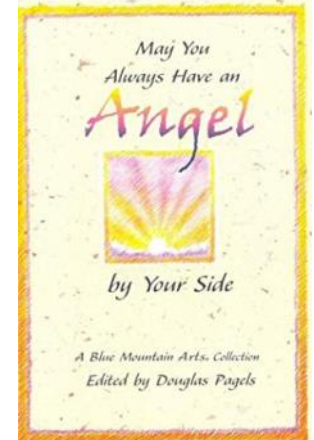


NEW IN YOUR UUTC LIBRARY

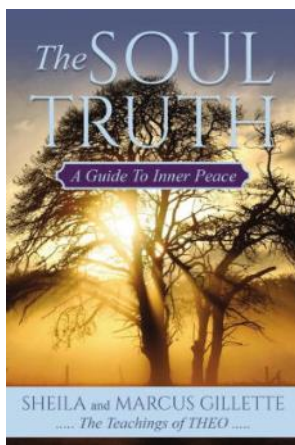
Earle Rabb, ARE Team

Three new books have been added to your UUTC Library. Each of these books can be found in the Inspiration/Meditation section of the Library.

SOUL'S RELIGION: CULTIVATING A PROFOUNDLY SPIRITUAL WAY OF LIFE by Thomas Moore. Drawing on faiths from all over the world, as well as his own vast knowledge and personal experience, the author shows how religion can be used to embrace others, rather than exclude them. Thomas Moore is one of today's most revered spiritual thinkers.



MAY YOU ALWAYS HAVE AN ANGEL BY YOUR SIDE, edited by Douglas Pagels. This book combines a small selection of the editors own meditations with the creative works of a host of well-known writers and philosophers to bring together the finest collection of angel quotes ever compiled. Readers will gather so much serenity from this book.



SOUL TRUTH: A GUIDE TO INNER PEACE, by Sheila and Marcus Gillette. Anyone who takes these teachings to heart will advance spiritually and enjoy deeper peace and enriched relationships with Spirit, self, and others.

REFLECTION ON THE RETREAT

What a wonderful time we had on the Mountain top earlier this month. I am reminded of something I once heard a famous chef say; "you can't go wrong when you cook with cheese." That is exactly how I feel about the retreat and those who attended. They were all "cheese"...and together we "cooked" up a great time. When we arrive on Friday it was sunshine and blue skies. We awoke on Saturday morning to clouds and rain...(beautiful in their own right) but that did not dampen the spirit of UUTCers who were there to have fun. I was reminded again of how UUTCers love to sing....and did we sing and we sang and sang and sang. Mark Twain told me the audience was one of the best he'd ever experienced.



Everyone contributed to the discussions we had about Time. RK's workshop on spiritual practices was a "cheese dessert." She cooked up a good one. Kitra Krueger played the drum for the camp fire as the Smores were flowing. Thank you all for attending and a big thanks to Bruce and Sandy Kirkman for making it happen. Bruce Kirkman is already making plans for next year. Go Bruce! — *Ernie*

FACILITIES TEAM CONTINUES ON THE PATH TO SHIP-SHAPE

The Facilities Team Function Statement:

The Facilities Team provides a welcoming building and grounds environment where church members and visitors may experience beauty, serenity, and worship or quiet contemplation in surroundings created with respect for the integrity of our earth and its local ecosystems.

When you think about it, that's a lot of work!

This weekend, the Facilities Team will be washing the windows. But already this week they have been planting fothergilla shrubs donated by former member Barbara Bolt — they had decided not to transplant them when first received so that the plants could be kept adequately moist until the weather cooled. Now they are happily in the ground — two of them are replacing shrubs lost in this past winter's ice storm that had to be removed from the Memorial Garden. Fothergilla is a shrub native to North Carolina that exhibits lovely fall color and early spring blooms that sustain bees when many other plants haven't chanced new growth.



Kay Webb, fluffing the dirt around the new fothergilla shrubs.



Bart Renner, after going "Beast Mode" on the fencing.

Also accomplished this week was the removal of some wire fencing in the backyard of #74 Varsity. With the home being listed in the traditional rental market, our property manager has encouraged us to make the home as attractive to a good new tenant as possible, as this will help her to find someone who will take good care of the property. So, in addition to fresh paint in the bedrooms, cleaning, and replacing the remaining carpet, Facilities has improved the grounds by removing this old fencing. This spring they had planted a river birch to provide a bit more privacy in that backyard, but real privacy will probably take a couple more years.

Next month Facilities will have their Fall Grounds Work Day on Saturday, November 2nd at 9:00am. Annual maintenance of the HVAC system will take place on November 13th. Anyone who would like to help with the Fall Sprucing Up is welcome to bring their gloves on the work day!

Board Agenda for Tuesday, October 22, 5:30pm, UUTC

190 Members, 67 Friends

Welcome

Check-In

Opening Words:

Acceptance of Email Vote(s)

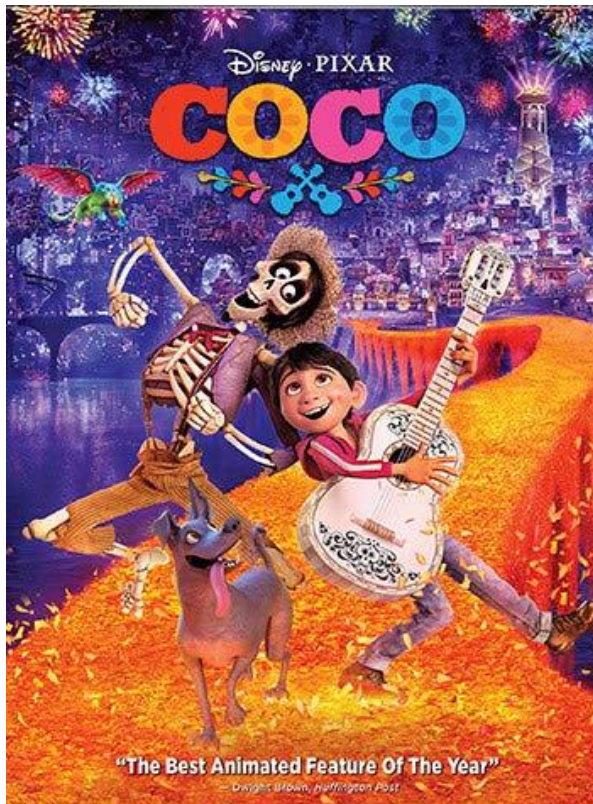
Standing Updates

Treasurer's Report	Susan Slocum
Administrative Report	Michael Solomon
Finance Committee Report	Susan Slocum (liason)
Property Committee Report	
Council Report	submitted
Operations Report	RK Young
Minister's Report	Rev. Shore

Old/New Business

Settled Minister Contract

Adjourn



CRE UPDATE: FAMILY MOVIE NIGHT!

Family movie night kicks off on Sunday, Oct 27 at 5pm in the sanctuary. Popcorn will be served and after the movie we'll head to the garden for a campfire and s'mores. Friends & costumes are both welcome!

We are looking to borrow a fire pit for the evening — please give Kevin or RK a call if you have a loaner!

Please remember to register your child for CRE classes. Registration forms are available from Kevin and are also at the name tag station on Sunday mornings.

Note: You do not have to be a child to enjoy the evening. All are welcome!

NOTE FROM REV. SHORE

Congratulations to the Worship Team for bringing us this weekend's service about Project Empathy to UUTC. I am still learning about the many sources of positive change happening in and around Brevard, and I know this is one of them.

If you haven't signed up for the October 30 Vision 2025 dinner and program with Council, I hope you will consider doing so—as I write, RK

and Kevin and volunteers are engaged in bringing the beginning of that vision to life with video that will be part of the program. The Council has done a tremendous amount of work and they are eager to share



it back to the congregation. Related to the strategic visioning process, **I will be offering an introduction to Appreciative Inquiry workshop for UUTC Members, Friends, and Visitors on the morning of November 16—look for a sign-up sheet soon.** You may be able to use the takeaways from the workshop immediately, but then in the new year, UUTC will use an appreciative process to

help develop objectives for bringing the Vision 2025 to life, so **Y'ALL COME!**

Thanks so much to all the busy bees that have been at it here at UUTC—Barbi Smith and Mark Allison for taking pictures (and making me look so good!), Jim Hardy and Bob Bennett for getting us an easy-opening door in place, the parents who showed up for Intentional Parenting Circle on Sunday, and to facilities who are constantly maintaining this beautiful space and planting things on the grounds. I especially want to lift up the LHHH team, who do such a lovely job reaching out to those of us who may be suffering from ill health, grieving, or shut-in. Please remember these members of our community and their care-givers in your thoughts and actions. — Sally Beth

NEEDED: \$7000+ MORE IN AV DONATIONS

Thank you for almost \$13,000 in donations! Help us raise \$7000 more to make timely payments on our \$20,000 emergency loan from our line of credit. This Sunday you will witness a miracle: a single microphone will amplify guitar, mandolin, and the voices of John Austin and Mark Wingate **without creating feedback**. While our “crew” is still learning how to use the system, it **WORKS** for both audio and video. Thanks again to all donors!

MOMENTS FROM THE MOUNTAIN



OCTOBER SIERRA CLUB MEETING

On October 24, 2019 the monthly meeting of The Pisgah Group of the Sierra Club will show the film **Paris to Pittsburgh** at the Unitarian Universalist Church in Brevard. This 75-minute National Geographic documentary explores the state of Climate Change in America and inspiring solutions to this challenge. The public is invited to this free presentation. Citizens Concerned with the Climate Crisis (C4), of Henderson County, sponsors this showing. C4 is a local grass-roots initiative formed this year to inspire and coordinate local action on Climate Change.



held the following weekend.

Peri David and Bruce Sargent of C4 will lead a discussion following the film. Ms. Davis, a life-long environmentalist, and Dr. Sargent, a retired chemist, will also provide information on how others can become involved in C4 and actively confront the climate crisis. They will also share details of a free, interactive forum on the topic to be

The meeting will be held at the Unitarian Universalist Church at the intersection of S. Broad and Varsity Streets in Brevard. Doors open at 6:45 pm and the movie will begin at 7:15 pm. <https://www.sierraclub.org/north-carolina/pisgah>

POWER UP!

PARTNERSHIP WITH ST. PHILIP'S EPISCOPAL CHURCH AND THE JEWISH COMMUNITY

Did you know that in 2018, Sharing House gave \$147,000 in heating assistance to over 870 families in Transylvania County! This is the organization's biggest expense in serving our needy residents.

To help meet this need, St. Philip's Episcopal Church here in Brevard is hosting a fundraising dinner, **POWER UP**, for *Sharing House and has asked UUTC* and the Jewish community to attend and to partner in promoting the

event throughout our community. There is no charge to attend the event, but donations will be accepted. In addition to the wonderful food, there will be a wine bar and plenty of opportunity to socialize.

The event is **Sunday, November 3 at 5 pm at St. Philip's**. An RSVP is required and you can sign up in the lobby of UUTC or contact Bobby King at 678-592-4068 or email him at bobbyaking48@yahoo.com.

Please extend a helping hand so that our neighbors will be warm this winter!!

Make generosity part of your growth strategy.

Inclusive. Intentional. INVOLVED.

Our Mission, as a welcoming, inclusive community acting from love, compassion and respect is:

To support individual spiritual journeys and To promote social, economic and environmental justice.

KEEP UP WITH WHAT'S HAPPENING!!!

VIEW our "insider" [church calendar](#). For previous issues of the UUTC Update, click [HERE](#).

SEND news for this newsletter by 10:00am on Wednesdays.

CONTACT US

Our mailing address is UUTC, PO Box 918, Brevard, NC 28712. Our church is located at the corner of Varsity Street and South Broad Street in Brevard. Our email address is admin@uutc.org.