

UUTC UPDATE

Inclusive. Intentional. *Involved.*

Office Hours

The office is open Mon-Fri from 9:30 to 12:30 and by appointment.

Pastoral Care

Going through a rough spot? Have surgery coming up? Call (877) 510-5603 or email lhhh@uutc.org.

Nursery Care

Our Nursery is open Sunday from 9:00am to noon for children ages 0-3. Take advantage of either service —our childcare staff would love to welcome your child.

Coming Up at UUTC

Heartful Meditation — Sat @ 5:30
 Spiritual Explorations — Mon @ 3:30
 Cottage Meeting — Mon @ 6:30
 Men's Group — Tues @ 9:00
 Welcoming Cong Renew — Tues @ 2:00
 Board Mtg — Tues @ 5:00
 SMART Recovery — Tues @ 6:00
 Never Too Late — Wed @ 10:00
 Eclectics — Wed @ 10:30
 LHHH — Wed @ 2:00
 Cottage Meeting — Wed @ 6:30
 Sierra Club — Thurs @ 7:00
 Intro to UUTC — Sat @ 9:00
 Cottage Meeting — Sat @ 9:30
 One Voice Concert — Sep 29, 3:00pm



LIVING WITH ACCEPTANCE, ATTENTION & PURPOSE

Dr. Elizabeth Williams

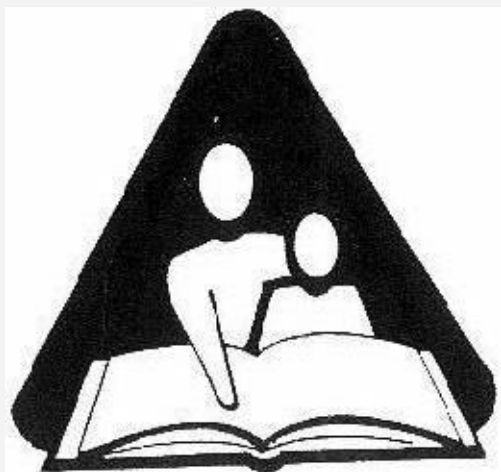
What is the difference between pain and suffering? What does it mean to live well, in spite of the inevitability of life's pain? What is real happiness, and how can we best pursue it? How can we create a vital and meaningful life? We will explore these and other questions through the lens of Acceptance and Commitment Therapy, or ACT, an evidence-based therapeutic approach that draws on the wisdom of both ancient religious traditions and cutting-edge cognitive science.

Services at 9:15am and 11:00am. Join us for coffee at 10:30am!

*“Find a place inside
 where there’s joy, and the joy will
 burn out the pain.*

— Joseph Campbell

Social Justice Giving: Augustine Literacy Project



The Augustine Project is committed to providing caring, professionally trained tutors for those whose families cannot afford to pay. The combination of nurture and knowledge that an Augustine tutor offers can mean the difference between prison and productivity for at-risk students.

We train and support volunteer tutors working to improve reading, writing, and spelling abilities of low-income kids who struggle with literacy skills.



Bottom Row: UUTC members Carol Moore, Bobby King and Heather Layton and (not shown) Pedro Sandin have all been trained as Augustine Tutors.



SUNDAY, A WEEK FROM NOW The Sweet Release of Forgiveness

Rev. Sally Beth Shore

At sunset on September 29, the Jewish holiday of Rosh Hashana, the “Jewish New Year,” begins. Over the next 10 days, observant Jews will practice repentance and seeking forgiveness in preparation for Yom Kippur, the Day of Atonement. We Unitarian Universalists may not believe that God is writing us in or out of the book of life at this time, but the season’s practice of asking for and giving forgiveness is worthy of our deepest consideration, as it can surely help us create more peace in ourselves and the world.



Hurricane Dorian wreaked unprecedented damage to the Bahamas. The Unitarian Universalist Service Committee is one of many organizations working to lend a hand to the survivors

of this crisis. To donate, or to learn more about UUSC’s efforts, click on the picture above. **LINK HAS BEEN FIXED**

AN UNFORTUNATE, AND NECESSARY, CHANGE

New management of the Western NC Oxford House area left our local house with insufficient support—and women—needed to make a Brevard house viable. While management suggested turning the Oxford House into a Men’s House, one of these has already failed in Brevard, and small children next door made this a very unattractive option to our UUTC Board. When asked, the Board allowed Oxford House out of their lease. All donations that were made to Oxford House WNC to furnish the house will be removed by their management.

Our property manager is readying crews to clean the house and make it ready for new tenants. We wish that missional use could be found for the house, but inquiries of both SAFE and The Haven found both agencies unable to make use of this location at this time. New tenants will keep us on budget.

TIME & TWO ISSACS

Rev. Ernie Mills

Time, according to Issac Newton, “flows in and for itself without regard for outward objects” (including us humans). Newton’s view of time is unique in the sense that it is derived from a scientific perspective. It represents the mechanical view of time.



Almost fire weather!

Time, according to Issac Watts, “like an ever-rolling stream bears us all away: we fly forgotten, as a dream dies at the opening day.” (*O God, Our Help in Ages Past*, Hymn 281 from *Singing the Living Tradition*.) Watts’ view of time still bears traces of the mythical-religious perspective. Time has plenty of regard for its sons and daughters. Like a mighty force it carries them to their fate, death.

Newton’s view of time is objective. Watts’ view is subjective. But one thing the two agree on—time flows. It moves and never stands still.

Schedule

Friday: arrival after 2:00pm, 5:00 Social Hour & Dinner, Opening Session @ 7:30pm

Saturday: breakfast, Session 2 @ 9:30, Spiritual Practices @ 11:00, lunch, afternoon free time. 5:00 Social Hour & Dinner, 7:30 Mark Twain, 8:30 Campfire

Sunday: breakfast, 9:00am Worship

“A spiritual practice or spiritual discipline is the regular or full-time performance of actions and activities undertaken for the purpose of inducing spiritual experiences and cultivating spiritual development. A common metaphor used in the spiritual traditions of the world's great religions is that of walking a path.^[1] Therefore, a spiritual practice moves a person along a path towards a goal.” —Wikipedia

Some of you may choose to explore this session with RK, of the use of spiritual practice in building awareness and connection. RK will “borrow” much of the content of this session from her experiences at Pro Days in Spokane and SUULE. In preparation, consider what habits of your life encourage you towards respect, cooperation and connection.

.... Intrigued? What to hear more? Then you’d better get registered for the Fall Retreat at The Mountain! Thirty-six others are registered, and space is running short. We are scheduled for the weekend of **October 4-6, 2019**. **UUTC cannot make these reservations on your behalf**, so make sure you go online to <https://www.themountainrlc.org/upcoming-events> and reserve space now!



Bi Visibility Day, also known as International Celebrate Bisexuality Day, has been marked each year since 1999 to highlight biphobia, to celebrate the work of bi organizations, and to help people find the bisexual community.

This day is celebrated in many places around the world—especially in Australia, Canada, Denmark, France, the United Kingdom and the United States. For example, in London, there is the first EVER full Bisexual Pride Parade. In West Hollywood, CA, people will be attending the second annual WeHo BiPride Celebration. And, if you happen to be in Paris on September 23rd, you may want to attend the Bi Visibility Day March and walk with Bi, pan, Non-Binary, Asexual and other people and their Pride flags! For more information, visit [this link](#).

PUTTING YOUR ADMIN. ASST. TO WORK

RK Young

Amy Lander has been handling nearly all of our social media, populating our Public calendar, sending notifications to the Transylvania Times, making copies, handling the phone and assorted other tasks.

One of the tasks I am asking you to help her handle is the filing of Team and Committee minutes. Whenever you meet, send your meeting action documentation to Amy at amy@uutc.org. She will then file this record of your work in Drive in the appropriate folder. If you have other documents you want filed in our digital records, please send these to her, also. She can do this work remotely. Thank you!

ONE VOICE IN CONCERT: SUNDAY, SEPTEMBER 29, 3-4

Joey Dukes and Sydney Roberts of One Voice will be playing Kirtan at UUTC on Sunday, September 29th from 3:00-4:00pm. Mark Wingate, fabulous tenor and player of stringed instruments, will be joining them. Sydney plays the harmonium and Joey plays percussion.



One Voice plays a western style of the Indian music tradition of Kirtan—a call and response form of devotional singing and meditation. Kirtan is non-denominational, and doesn't have to be a religious experience. However, many find the musical call and response, a type of meditation, to be a peace-inducing experience.

Sit, sing, move, dance! A love offering of \$15 is suggested. RK needs helpers for this event—email if you can!

GET YOUR PICTURE TAKEN!

Barbi Smith and Mark Allison are up to their usual hijinks in early October — with TWO times to work their magic on you and your family! Friday, October 11th, they will be on site from 4:00-6:00pm. Saturday, October 12th, they will be on campus from 9:00-1:00.

Sign up at the front counter, indicating which day you prefer, and the office will call and get you scheduled!



ROLLICKING FELLOWSHIP — ON TAP, AND ON “THE GREEN”



Our first Annual Picnic to be held on our own campus! It was a beautiful day, and lots of great food was there to be shared. AND we had monarch caterpillars to admire!



Fellowship on Tap at KTCHN was another great time this week, in which their excellent pizzas were greatly favored. Lined up along the tables, it looked like a buffet. Tom saved us from our greedy selves by taking home the leftovers!



SIERRA CLUB: THE PISGAH/NANTAHALA NATIONAL FOREST MANAGEMENT PLAN

The Pisgah Group of the Sierra Club welcomes **Josh Kelly, Public Lands Biologist for Mountain True, Thursday, September 26th, at 7:30 pm** to discuss the issues involved in the soon-to-be-released new Forest Management Plan for our beloved local national forests. The planning process has been underway now for more than four years to replace the current Management Plan which



was modified and approved in 1994. In the interim the planning process itself has been changed, mandating more public input, but also giving the Forest Service more freedom in its choices. Several new organizations, two of which involve both Mountain True and Sierra Club, have sprung up in response, meeting often with the Forest Service planning team, hoping to influence the process.

As one would expect, with one million acres of forest involved, there are many users with sometimes opposing views on how forests should be managed. There are two fundamentally different views: One is that of an agricultural commodity producing timber, animals and roads for human use, (and sometimes minerals and grazing); and the other is that of an irreplaceable natural heritage representing eons of evolution and providing critical environmental services like clean air and water, and carbon dioxide removal. Or, more briefly, extractive versus non-extractive uses. Josh will review the forest plan content that has been released so far, a bit about the laws governing the planning process, and his thoughts on what we might expect to finally come out.

The discussion is timely, as the best guess is that a first draft will come out for public review and comment in October. All who treasure our forest should hear this talk to learn how they can interact with the planning process. The meeting will be held at the Unitarian Universalist Church at the intersection of S. Broad and Varsity Streets, with a social time starting at 7:00 pm. Mr. Kelly's presentation will begin at 7:30 PM. <https://www.sierraclub.org/north-carolina/pisgah>

Unitarian Universalism's 7th Principle:

Respect for the Interdependent Web of All Existence of Which We Are a Part

SOCIAL ACTION TEAM BUSY AS BEES

THANK YOU!!

The Social Action Team would like to thank Bob and Mary Bennett, Alice Wellborn, Joan Lemire, Gail Meyers, Carol Cartwright, Jayma McGann, Roberta Miller, Kay Webb, Bonnie Arbuckle, Jim Null, Linda Hauschild, and an anonymous monetary donor for their generous weekend food contributions to the Haven for the cookout and meals this past weekend. Without you, it couldn't have been done!



Eric Edwards, with Joan Lemire

On Sunday, residents of the Haven and members of the Social Action Team came together for fellowship and a barbecue. A gourmet menu was prepared by the Team and shared with residents of both the single and family buildings at the Haven, with approximately 30 people in attendance. Not only did everyone eat well at the barbecue, but new friendships were also formed.

On Monday, over 30 UUTC members, new friends from the Haven, and other members of the Brevard community attended a Social Action sponsored program featuring Eric Edwards. Eric shared his personal story of childhood neglect and abuse, the loss of his young son to leukemia, recovery and realization that he was in charge of his life, recent journey to Washington, D.C. to help Congressmen understand issues related to homelessness, and his present active involvement in the community of Brevard. Eric told not only about his incredible journey but also provided the strong message that acts of kindness can change the course of a person's life. His was changed when he first arrived at the Haven on December 23 and a few days later found Christmas presents on his bed with a note and \$20 from someone he didn't know telling Eric that they were thinking of him and wishing him success. He decided at that moment if someone he didn't know was cheering him on when he was at his lowest, he could do the same for others. If you missed Eric's presentation, you will soon be able to listen to the mp3 of it on the UUTC website.



Winter is Coming!

It is difficult to think of warm coats and snowy nights when you are sweltering in the sun, but winter is nearing. The UUTC Social Action Team wants to ensure that nobody is left out in the elements, so **November** activities will be dedicated to a winter preparedness drive. Once again boxes for **Operation Keep Warm** will be placed in the foyer to collect tarps, gel handwarmers, batteries, flashlights, and winter clothing to distribute through the Bread of Life and the Sharing House for people living outside. To assist those who are fortunate to have a residence but not fortunate enough to afford the fuel to warm their homes, UUTC will join with St. Philip's for the **Power Up Fund Raiser** to help support the Sharing House's heating assistance program to families in need during the coldest part of the year. If you are interested in participating in this event, please contact Bobby King.

Agenda for Meeting/Retreat, September 24, 2019, 5:30 pm

Meeting Place The KTCHN

Welcome & Check-In

Opening Words

Acceptance of Email Votes

1. Minutes of 8/27/19 Board Meeting
2. Motion by Gypsy Richardson to move forward in the process of changing our tax status to that of a for-profit rental. 2nded by Linda Young
3. Motion by Susan Slocum that the Board approves a resolution authorizing Entegra Bank to open a checking account named Search with Search Treasurer, Dave Roberts as primary signer and UUTC Treasurer, Susan Slocum as emergency signer. 2nded by Gypsy Richardson

Standing Updates

Treasurer's Report	Susan Slocum
Administrative Report	Michael Solomon
Finance Committee Report	Susan Slocum (liason)
Property Committee Report	
Council Report Operations Report	RK Young
Rev Sally Beth Shore's Report	

Old/New Business

Adjourn

Inclusive. Intentional. INVOLVED.

Our Mission, as a welcoming, inclusive community acting from love, compassion and respect is:

To support individual spiritual journeys and To promote social, economic and environmental justice.

KEEP UP WITH WHAT'S HAPPENING!!!

VIEW our "insider" [church calendar](#). For previous issues of the UUTC Update, click [HERE](#).

SEND news for this newsletter by 10:00am on Wednesdays.

CONTACT US

Our mailing address is UUTC, PO Box 918, Brevard, NC 28712. Our church is located at the corner of Varsity Street and South Broad Street in Brevard. Our email address is admin@uutc.org.