

UUTC UPDATE

Inclusive. Intentional. *Involved.*

Office Hours

The office is open Mon-Fri from 9:30 to 12:30 and by appointment.

Pastoral Care

Going through a rough spot? Have surgery coming up? Call (877) 510-5603 or email lhh@uutc.org.

Nursery Care

Our Nursery is open Sunday from 9:00am to noon for children ages 0-3. Take advantage of either service —our childcare staff would love to welcome your child.

Coming Up at UUTC

Heartful Meditation — Sat @ 5:30

Men's Group — Tues @ 9:00

Finance — Tues @ 10:00

Worship Team — Tues @ 1:30

Dream Group — Tues @ 2:30

SMART Recovery — Tues @ 6:00

Never Too Late — Wed @ 10:00

Eclectics — Wed @ 10:30

LHHH — Wed @ 2:00

Fellowship on Tap — Wed @ 6:00 KTCHN

Plan Ahead for Social Action:

Haven Food Delivery — 9/13, 4-5:00

BBQ @ Haven — 9/15, 3:00

Rising from Homelessness — 9/16, 7:00



SILVER LININGS OF THE CLIMATE CRISIS

Rev. Sally Beth Shore

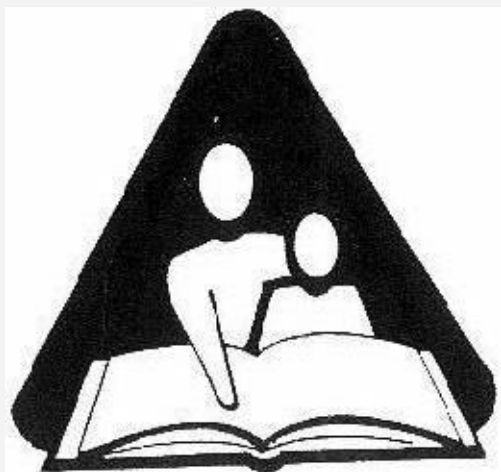
During September 20-27, activists and concerned citizens across the world will be participating in the Global Climate Strike, demanding committed action by the world's leaders to reduce the world's greenhouse gas emissions. While the situation may be grave, the tools we need to combat global warming are at hand, and as we do so, collateral benefits will ensue, as well. We will ponder four enheartening silver linings of the Climate Crisis.

Services at 9:15am and 11:00am. Join us for coffee at 10:30am!

“We are the first generation to feel the sting of climate change, and we are the last generation that can do something about it.”

— Jay Inslee

Social Justice Giving: Augustine Literacy Project



The Augustine Project is committed to providing caring, professionally trained tutors for those whose families cannot afford to pay. The combination of nurture and knowledge that an Augustine tutor offers can mean the difference between prison and productivity for at-risk students.

We train and support volunteer tutors working to improve reading, writing, and spelling abilities of low-income kids who struggle with literacy skills.



Bottom Row: UUTC members Carol Moore, Bobby King and Heather Layton and (not shown) Pedro Sandin have all been trained as Augustine Tutors.



SUNDAY, A WEEK FROM NOW

Living with Acceptance, Attention and Purpose: *Insights from ACT*

Speaker: Dr. Elizabeth Williams



What is the difference between pain and suffering? What does it mean to live well, in spite of the inevitability of life's pain? What is real happiness, and how can we best pursue it? How can we create a vital and meaningful life? We will explore these and other questions through the lens of Acceptance and Commitment Therapy, or ACT, an evidence-based therapeutic approach that draws on the wisdom of both ancient religious traditions and cutting-edge cognitive science.

Dr. Elizabeth Williams is a licensed psychologist practicing in Hendersonville, NC. She received her Ph.D. from East Tennessee State University. She and her 6 year old son Clint and 2 year old daughter Eleanor have been calling UUTC home for one year. She is looking forward to serving on the Settled Minister Search Committee. In addition to chasing her children around, Elizabeth enjoys writing, reading, running, and backpacking.

HURRICANE DORIAN RELIEF RESPONSE

DONATE



Hurricane Dorian wreaked unprecedented damage to the Bahamas. The Unitarian Universalist Service Committee is one of many organizations working to lend a hand to the survivors of this crisis. To donate, or to learn more about UUSC's efforts, click on the picture above.

COTTAGE MEETINGS TO INFORM THE SETTLED SEARCH

The Ministerial Search Committee participated in a Retreat on September 7 to meet the UUA Transitions Coach and begin the work to search for a Settled Minister. The members of the Committee are: Ian Cowie (Chair), Elizabeth Williams, Dave Roberts, Rabbit Krueger, Debra Davis, Vicki Held

The Search Committee wishes to make the following Covenant with UUTC.

As a Search Committee representing our congregation, we covenant to:

A. Serve our congregation to the best of our ability, realizing, both as a group and individually, we represent the face of our congregation and community in the ministerial search process. We will represent our congregation with forthright honesty, care, compassion, and respect. B. Follow the rules and timelines within the Settlement Handbook and the Transitions Office website. C. Honor a minister's needs to follow the Guidelines for the UUMA (regardless of membership). D. Inform and work with the Transitions Office, Regional Staff, and Regional Transitions Coaches throughout the transitional process. E. Fund the cost of ministers' and their partners' travel to our congregation for all pre-candidating weekends and candidating week. F. Understand the need for fairness and confidentiality throughout the search process.

Cottages meeting are scheduled for September 23, 25, and 28. Cottage meetings are open groups of congregants invited to come to a group conversation about what is important in the selection of our settled minister. Your voices and opinions are welcome! New members and friends (since the last cottage meetings) will receive email invitations on September 10. Since we held cottage members three years ago we did not issue email invitations to everyone. However, if you wish to attend any of the scheduled meetings you are welcome to attend. Everyone's input is valuable to the process.

- Monday, September 23: 7:00 PM at the home of Dave Roberts. 133 Ashworth Ave
- Wednesday, September 25: 7:00 PM at the home of Dave Roberts. 133 Ashworth Ave
- Saturday, September 28: 10:00 AM at the home of Dave Roberts. 133 Ashworth Ave.

Meetings will last about 1 hour. Refreshments will be served.

Please use the link to SignUpGenius to RSVP to attend a cottage meeting and if you need childcare.

Child care is available at the church from 6:30-9:00 PM on the 23rd and 25th and from 9:30 to Noon on the 28th. Please drop your children off at the church before you come to the meeting. Please list your children's names and ages in the comment section of your RSVP.

SignUpGenius: <https://www.signupgenius.com/go/20f094aa8a822abfc1-cottage>

An email containing a congregational survey will arrive on September 15. Please take time to complete the survey. Your responses will help the search committee as we begin our task of finding a Settled Minister. The committee also wishes to keep you informed of our progress through the coming months. Watch for updates in the newsletters.



ANNUAL PICNIC, SEPTEMBER 15TH

The Annual UUTC Picnic is being held this Sunday, and you're Invited!

Festivities will begin after the 2nd service at 12:30 on the UUTC Fellowship Green. In case of rain, the picnic will be held in the Fellowship Hall.

As always, the picnic is organized as a potluck, so please bring something to share. UUTC will provide beverages— If possible, please bring your own plates and utensils,

although we will have some backup table service if needed. Let's reduce our environmental impact by avoiding disposable products!

The UUTC Welcoming Team is looking forward to seeing you on at the Picnic on Sunday!



RISING FROM HOMELESSNESS: MONDAY, 7:00PM @UUTC

"Never let your circumstances dictate what your future holds," says Brevard citizen Eric Edwards, an advocate for the homeless. Just four years ago Edwards was homeless, on the brink of despair, and ready to end his life. A phone call to a crisis hotline brought a stranger named Mark to his apartment. Mark drove him to a detox center.

On Monday, September 16, the Social Action Team will sponsor an opportunity for the public to hear Eric tell his incredible story of transformation. He has journeyed from despair to abundant participation in our community.

Despondent over his young son's death due to leukemia in 2012, Edwards life had spiraled down for several years. He eventually lost his job and turned to drugs and alcohol. After his detox he entered a rehabilitation center called Turning Point. From Turning Point Edwards came to The Haven, the homeless shelter in Brevard. From the shelter he moved into local public housing, and later into the 63rd home constructed by Habitat for Humanity in Transylvania County.

Edwards is now a steering committee member of Champions for Change, a program of the NC Coalition to End Homelessness. He is also a member of Civitan, a coach for the Special Olympics, a member of the Brevard Housing Authority Board of Directors, a participant in the Sharing House Getting Ahead Program, and a corporate compliance officer at the Transylvania Association for Disabled Citizens.

Edwards has become an advocate for the homeless because doors were opened for him. He looks for ways to "pay it forward" and has twice been to Washington, DC, to promote programs for the homeless with government officials at the national level.

SLOW DOWN & LIVE

Rev. Ernie Mills

Triple A recently published a report on the rise in the number of red-light running. The study spans a 10-year period and compares the number of fatalities in 2008 with those in 2017. According to the study there has been a 31% increase in the number of fatalities caused by those who run red lights. At least two people are killed every day by drivers “blowing through red lights”.



Almost fire weather!

The report goes on to say, “The precise reason for the jump isn’t clear.” But the simple reason is that people are just in a hurry to get somewhere and they don't want to waste time waiting at a red light. It seems that life in America has taken on a faster pace and a heightened sense of urgency. We have become harried and hurried. “Time” so goes the proverb “is money, it’s a valuable resource therefore it is important to do things as quickly as possible” even if it means running red lights. The question is, whose driving the vehicle? Are we driving or are we being driven? Are we caught up in the human rat-race?

Paul Stookey was "right on" when he said, “The world does not go by too fast, we do”.

Spiritual Practices

“A spiritual practice or spiritual discipline is the regular or full-time performance of actions and activities undertaken for the purpose of inducing spiritual experiences and cultivating spiritual development. A common metaphor used in the spiritual traditions of the world's great religions is that of walking a path.^[1] Therefore, a spiritual practice moves a person along a path towards a goal.” —Wikipedia

Some of you may choose to explore this session with RK, of the use of spiritual practice in building awareness and connection. RK will “borrow” much of the content of this session from her experiences at Pro Days in Spokane and SUULE. In preparation, consider what habits of your life encourage you towards respect, cooperation and connection.

.... Intrigued? What to hear more? Then you’d better get registered for the Fall Retreat at The Mountain! Thirty-six others are registered, and space is running short. We are scheduled for the weekend of **October 4-6, 2019**. **UUTC cannot make these reservations on your behalf**, so make sure you go online to <https://www.themountainrlc.org/upcoming-events> and reserve space now! **[Yes, this link has been updated!]**

The Mountain has just debuted a new website, so even if you don’t intend to register, it is definitely worth a fresh look!



GOING WEST

Friends, on Sunday afternoon I leave for California, and I won't be back in Brevard until Tuesday, Sept 29; this is because I was already scheduled to train a workshop when I agreed to the position here. I am sorry to be absent so soon, but please know your LHHH team will be manning the telephone should there be an emergency, and, as evening permits, I will be checking emails and preparing for our future together. I will be able to stay for the Picnic on Sunday and I hope to see you there! Thanks to all of the volunteers who are making this event happen in your new park.

Rev. Shore

Ed: Rev Shore has created her first blog post for UUTC — read it [HERE!](#)

WHAT TO EXPECT WITH AV THIS SUNDAY

We will not yet have the screen operational, but you are sure to notice a difference with the sound system. If a sound system were to have a mission, it would be to make it possible for all, hearing impaired, sitting in the wings, sitting in the back row, sitting behind the piano — to be able to have a clear and rich auditory experience. The Worship Team and others have been pushing to ensure that those who need to use our hearing assistance devices can hear everything that not-quite-as-auditorily-challenged-yet individuals can hear.

This Sunday, you will have much better clarity from the handheld microphones and from the choir. Training for our AV crew starts on Saturday. :)

Inclusive. Intentional. INVOLVED.

Our Mission, as a welcoming, inclusive community acting from love, compassion and respect is:

To support individual spiritual journeys and To promote social, economic and environmental justice.

KEEP UP WITH WHAT'S HAPPENING!!!

VIEW our "insider" [church calendar](#). For previous issues of the UUTC Update, click [HERE](#).

SEND news for this newsletter by 10:00am on Wednesdays.

CONTACT US

Our mailing address is UUTC, PO Box 918, Brevard, NC 28712. Our church is located at the corner of Varsity Street and South Broad Street in Brevard. Our email address is admin@uutc.org.