

UUTC UPDATE

Inclusive. Intentional. *Involved.*

Office Hours

The office is open Mon-Fri from 9 to noon and by appointment.

Pastoral Care

Going through a rough spot? Have surgery coming up? Call (877) 510-5603 or email lhhh@uutc.org.

Nursery Care

Our Nursery is open Sunday from 9:00am to noon for children ages 0-3. Take advantage of either service —our childcare staff would love to welcome your child.

Coming Up at UUTC

Heartful Meditation — Sat @ 5:30

Men's Group — Tues @ 9:00

Finance — Tues @ 10:00

Dream Group — Tues @ 2:30

SMART Recovery — Tues @ 6:00

Eclectics — Wed @ 10:30

LHHH — Wed @ 2:00

Choir Rehearsal — Wed @ 4:00

Fellowship on Tap — Wed @ 6:00

Welcoming — Thurs @ 5:00



THAT THING WITH FEATHERS

Rev. Dr. Cynthia L. Landrum

Drawing on the work of Cornel West, as well as the book "After the Good News" by Nancy McDonald Ladd, this sermon will explore hope, optimism, and our progressive faith.

The Rev. Dr. Cynthia L. Landrum is a life-long UU. She has been in ministry for 18 years and has served Unitarian Universalist congregations in Texas, Michigan, and Massachusetts. Cindy now serves as minister of the First Parish Church of Stow and Acton. Cindy is known for her blogging, Zentangle coloring books and jewelry, and her work with UU ministers in creating online community.

Services at 9:15am and 11:00am. Join us for coffee at 10:30am!

*“No matter how long we have lived,
when the night falls, it arouses the
hidden fears that have been there in our souls
since we were children.”*

— Paul Coelho

Social Justice Giving:



Ministerial Discretionary Fund

Our area agencies do good work—but they all have limits for what they can provide in assistance to any individual family. In times of need, and especially for our Members and Friends in temporary crisis, the Ministerial Discretionary Fund is used by the Minister and the Board (in the minister's absence) to help meet these needs.

Your gifts help keep the lights on, meet health care needs, or send a child to camp at The Mountain Retreat & Learning Center to be surrounded by UU values for a brief time. Your gifts this month fund needs for the entire year. *Please give generously, and thank you.*



SUNDAY, A WEEK FROM NOW

“My Journey”

Speaker: Brigid Fox



What is your path telling you? What signs are there for you to see, know, and understand? As Brigid relays her journey along her own life path, road, highway, she shares how she has come to understand the messages of the Universe. Her life pilgrimage has given her many opportunities to incorporate her unique experiences into messages of warning and wonder. Through her telling, you may find an opportunity to reflect on messages you have found or overlooked along your personal life path.

GETTING PICTURE PERFECT

As we move back into “Settled Search,” the office is working with many volunteers to make sure we are able to put our best face forward—making ourselves attractive, in photos, that will be seen by ministers.

Some new images have already been taken (thank you, Jeanie Bernard!)— would you believe our last packet had no cabinetry to show off in the foyer?—but some spaces need a bit of tidying and rearranging to make our assets reflect our Missional capabilities. So watch for a few changes here and there—nothing too big—with a bit of “unburdening” ourselves of some stuff.

Thanks in advance for all the help!



ANNOUNCING THE “COMMON GROUND” BOOK CLUB (corrected time)

An organizational meeting for the “Common Ground Book Club” will be held in the Connestee Room at Transylvania County Public Library on July 22, 2019 from **5:30 to 6:30 p.m.** The goal of this book club is to foster respectful conversation about sensitive social, political, environmental and legal issues. Members will be invited to choose topics of common concern, and seek out reading materials which represent their different points of view. It is NOT the purpose of the group to persuade or pressure members to change their beliefs or voting behavior- it is simply to enable us to be **well-informed about facts** and to identify possible “common ground” on policies to address social, legal, political and environmental problems.

Membership is free. This book club is open to adults 18 years or older. Diversity in race, age, sex, religious belief and political affiliation is desired.

At the first meeting, prospective members will be asked to read Creating Effective Groups: The Art of Small Group Communication, which explains how to establish a welcoming and respectful environment for expression of ideas, and techniques of creative problem-solving.

If you are interested in becoming a member, please telephone Virginia Pendergrass at (828) 577-0264, or email pendergrass.v@gmail.com no later than July 20, 2019, in order to assure adequate seating.

Hope is the Thing with Feathers

*Hope is the thing with feathers
That perches in the soul,
And sings the tune without the words,
And never stops at all,*

*And sweetest in the gale is heard;
And sore must be the storm
That could abash the little bird
That kept so many warm.*

*I've heard it in the chilliest land
And on the strangest sea;
Yet, never, in extremity,
It asked a crumb of me.*

—Emily Dickinson

UU ECOTOUR TO NICARAGUA

For the past 20 years, North Carolina UUs have traveled together to a small village and ecologically-sustainable lodge in the mountains of rural Nicaragua to learn about the culture, history, food, music, art, and people of Nicaragua, hike and watch birds in the rain forest, and visit coffee and cacao farms while supporting the local economy through eco-tourism.

Sister Communities of San Ramon, Nicaragua is planning its next UU & Friends Eco-Tour to San Ramon for Feb. 16 - 23, 2020 and we'd love for you to join us.

For More information: bit.ly/SanRamon20.

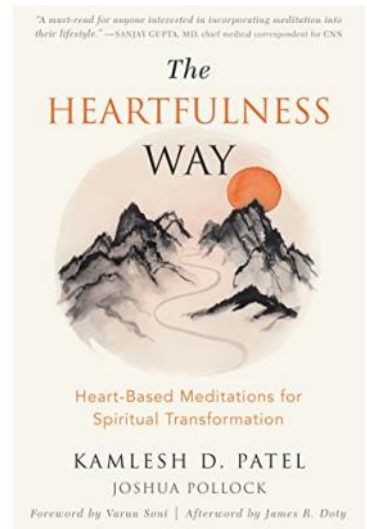
For Questions Contact: Rev. John L Saxon
(johnlsaxon@gmail.com).

NEW IN YOUR UUTC LIBRARY

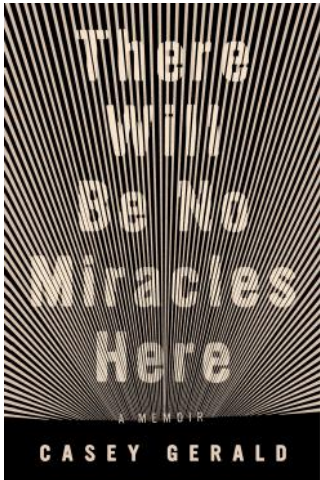
Earle Rabb, ARE Team

Two new books in your UUTC Library have been added to the Inspiration/Meditation section of the library. The books are shelved alphabetically by author.

One book is *The Heartfulness Way* by Kamlesh D. Patel and Joshua Pollock. Heartfulness is a unique, accessible practice that awakens us to the wisdom and inspiration that comes from the heart and transforms us from within.



The book gives you experiential tools to enable you to realize the joy of a truly heartfelt life.



The other new book in the library is entitled *There Will Be No Miracles Here* by Casey Gerald. Colm Toibin states, “Casey Gerald’s book is urgent, mesmeric, soaring, desperately serious, wounded, and, at times, slyly, brilliantly comic.” Intense, incantatory, shot through with sly humor and quiet fury, this book inspires us to question — even shatter— and reimagine our most cherished myths.

Take new steps on your spiritual journey through the UUTC Library!

NEW WOMEN’S CREATIVITY CLASS FORMING

On any given day, a woman at UUTC is interested in exploring, developing and experiencing her creativity. Jeanie Bernard will again host a 12-week class, limited to 10 women, meeting each Wednesday from 10am-12pm. An **introductory session** will be held on **August 14 (10:00am—noon)** to discuss the components of the class. It is after this introduction that you can decide if this is for you, and if so, to order the book.

Class starts Wednesday, August 28 and runs each Wednesday until November 13, 2019. It is based on the book, *It’s Never Too Late* by **Julia Cameron**. This supportive group will focus on daily journal writing, reflections, weekly walking and inspiration dates, and memoir gathering.



Please sign up at the front desk. If you have any questions, you can call Jeanie at 828-884-9179 (home) or 985-869-3323 (cell) or email her at jeaniebernard@gmail.com.

**Editor’s note: The last group of women to take this class found it to be a joyful and enriching experience. If you have the inclination, the office highly recommends making the time to take this class.*

GETTING CONNECTED

Contact Directories are really important for us all to stay connected. But did you know that the *ChurchLife* app is available to Members and Friends free of charge? It is easy to use and is the most up-to-date resource for reaching other members of UUTC.

You can download and install the app from either Google Play or the Apple App Store. **Before you can use it, however, you will need a password from our ACS database.**



To get that password, go to our Member page on the website: <http://uutc.org/member/>, scroll down to the red “ACS” logo and click on it. It will direct you to the ACS login/get a password page. On that page, **look below the login** box for **“Need a Login? Click Here,”** and enter your email there. This will connect you to ACS and they will email you with a way to select a password to use with the *ChurchLife* app.

Sometimes this email ends up in your spam folder. If you have any trouble getting your password, come in to see RK and we’ll get you set up properly. Be sure to bring all your OTHER passwords with you (email, Apple Id, etc), so we can complete the installation process.

If you successfully receive the email from UUTC that allows you to set a password, terrific! Follow the link (which will open your web browser), set up a password—right that down—and then close the browser. This is a little confusing because the browser will have UUTC and ACS all over it, but this is NOT the tidy little ChurchLife app, but the full-on database.

Now return to the ChurchLife app you previously downloaded. Use your email and your new password and login. Presto! Your church directory is in your pocket!

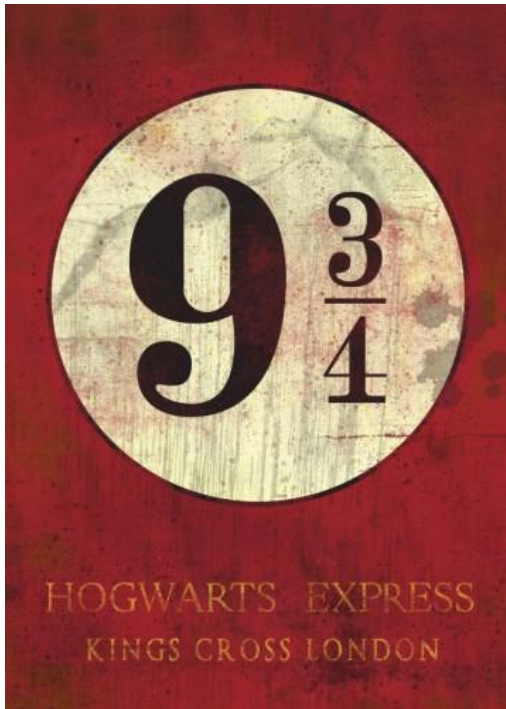
IF YOU DO NOT HAVE A SMARTPHONE: Drop by the office and request a printed copy of the contact directory, available to Members and Friends. While it has no images, it will give you current information for all the lovely people in our UUTC family.

Finally, be sure to sign up for a copy of the Photo Directory. This calendar-style publication has a list of our group emails, and photos of nearly all our Members and Friends. It really helps when you get home, had a great conversation, but can’t remember his/her name! Cost is \$10.

“Community cannot for long feed on itself; it can only flourish with the coming of others from beyond, their unknown and undiscovered brothers.”

—Howard Thurman

HOGWARTS RETURNS JULY 22ND — DEADLINE TO REGISTER IS THURSDAY THE 18TH



UUTC's Hogwarts Chalice Camp returns July 22nd! Open to children rising first through rising sixth grades. Grandparents, if you have children coming to stay the week of July 22nd... make them wizards!

Member/Friend fees for Chalice Camp are \$65 for Monday-Thursday. Non-UUTC registrants can enroll for \$85. Each additional child per family, be they UUTC or community, is \$40. Discounts available to Members/Friends who volunteer during the week. Want to sponsor a child? Contact the office!

During that week, there will be no Men's Group or Eclectics on campus. Why? **Because KIDS RULE. :)**

There are two steps to registration. The first is **actual enrollment**. For that, follow [THIS LINK](#).

The second step is to let us know all the safety/dietary stuff we need to know. Make sure your child is available to answer one of the questions on this form. And for this step, follow [THIS OTHER LINK](#).

Thanks bunches!

SANDWICH SUNDAY POTLUCK!

Our first Sandwich Sunday on the Fellowship Green was a great success — SO MUCH CUTE! Lots of great cooking was shared, and the festivities lasted beyond when the Welcoming Team pooped out and left. :D



IMAGES FROM THE DEDICATION OF THE FELLOWSHIP GREEN



WHOLE BUNCHES OF HAPPY IN EVIDENCE. SUNSHINE? GELATO? FELLOWSHIP!

UUTC FALL RETREAT @ THE MOUNTAIN: REGISTRATION IS OPEN!

Why go to The Mountain?

There are a few good reasons to participate in a retreat. One reason is to have more than 20 minutes of coffee time to get acquainted with people you see regularly, but don't really know. Another is being able to spend thoughtful time with other UUs, with all the conversational opportunities that can offer. Still another is having the quiet space for reflection that we so often fail to give ourselves. And that will be the theme of this year's retreat: **"Finding Time."**



Minister Emeritus Ernie Mills will lead the retreat. A guide will be available on Saturday afternoon for the Glenville Falls hike for those who would like to take advantage of the gorgeousness that is The Mountain. A (very popular) tour of the Many Hands Peace Farm is also a possibility for you on Saturday, as is a time of "spiritual practices" with RK. The festivities will begin Friday evening with a social hour, dinner and then singing with Ernie — Saturday is full of programming options, wrapped up with a talk by Mark Twain followed by a campfire that evening. After breakfast on Sunday, we will have worship at 9:30 and then head back to the "real world."

We are scheduled for the weekend of **October 4-6, 2019**. We will be sharing the Retreat Center with a congregation from Columbia, so we encourage you to register early to get the lodging you desire. **UUTC cannot make these reservations on your behalf**, so make sure you go online to <https://themountainrlc.org/retreats/> and reserve space now!

Inclusive. Intentional. INVOLVED.

Our Mission, as a welcoming, inclusive community acting from love, compassion and respect is:

***To support individual spiritual journeys and
To promote social, economic and environmental justice.***

KEEP UP WITH WHAT'S HAPPENING!!!

VIEW our "insider" [church calendar](#). For previous issues of the UUTC Update, click [HERE](#).

SEND news for this newsletter by 10:00am on Wednesdays.

CONTACT US

Our mailing address is UUTC, PO Box 918, Brevard, NC 28712. Our church is located at the corner of Varsity Street and South Broad Street in Brevard. Our email address is admin@uutc.org.