

# UUTC UPDATE

Inclusive. Intentional. *Involved.*

## Office Hours

The office is open Mon-Fri from 9 to noon and by appointment.

## Pastoral Care

Going through a rough spot? Have surgery coming up? Call (877) 510-5603 or email [lhhh@uutc.org](mailto:lhhh@uutc.org).

## Nursery Care

Our Nursery is open Sunday from 9:00am to noon for children ages 0-3. Take advantage of either service — our childcare staff would love to welcome your child.

## Coming Up at UUTC

Spiritual Explorations — Mon @ 3:30

Men's Group — Tues @ 9:00

SMART Recovery — Tues @ 6:00

Eclectics — Wed @ 9:30

Choir Rehearsal — Wed @ 4:00

**Fellowship on Tap — Wed @ 6:00**

Joy of Being — Thurs @ 11:00

Worship Team — Thurs @ 1:30

Softball — Thurs @ 7:30

**Shed Paint & Seal Party — Fri**

Somelofski Memorial — Sat @ 2:00

Heartful Meditation — Sat @ 5:00

**Annual Mtg — Sun @ 12:10**

**Teen Night — Sun @ 5:00**



## MIXED METAPHORS

**Carol Flake**

On Mother's Day, Carol Flake considers the spiritual path she was set on by her mother and grandmother. She explores a number of metaphors that have illuminated her spiritual journey from then until now. UUs believe that revelation is not sealed and that we each construct our own theology as it is revealed to us personally. This sermon invites you to travel with Carol as she builds her own theology through mixing the metaphors that have informed her spiritual journey.

*Services at 9:15am and 11:00am. Join us for coffee at 10:30am!*

"To dare is to lose one's footing momentarily. To not dare is to lose oneself."

— Søren Kierkegaard



## Social Justice Giving

*“Forward Together”* is the Unitarian Universalist Justice Ministry of North Carolina — a progressive, faith-based, nonpartisan, nonprofit organization working to *“give life the shape of justice”* by

- coordinating and supporting the social justice work of individual UUs and UU congregations in North Carolina,
- building relationships with other groups who are working for social justice, and
- giving voice to our Unitarian Universalist values with respect to important social, economic, environmental, and political issues in North Carolina.

Forward Together is our only Social Justice Giving opportunity for statewide legislative action. It works to empower our vision through boots and presence on the ground.

Speaking of cooperative efforts, join other UUTC Social Justice warriors at a workshop in Hendersonville! See the back page for more details.



## SUNDAY, A WEEK FROM NOW

### *The Mystery & Power of Language*

*Minister Emeritus, Rev. Ernie Mills*



In her autobiography, Helen Keller shares, in a very profound way, her awakening to the power and mystery of language. We will use her story as a guide to explore this rich and complex cultural form.

The title Minister Emeritus is granted to honor long and meritorious service to a congregation where the minister has given devoted and competent ministerial leadership. This title was granted to Ernie by the Congregation on the date of his final service for UUTC: April 26, 2015.

Recounting his experience with UUism, Ernie observes, "Opening up a UU hymnal opened up another phase in my life. Its songs and readings provide a roadmap for an adventurous and exciting spiritual journey where the wisdom from all the world's faith traditions is honored. My understanding of our UU faith has deepened as I have prepared sermons, taught lifespan faith development courses, and completed the readings and other tasks required for my Ministerial Fellowship. I continue to be challenged and rewarded."

## ANNUAL MEETING — MAY 19

**GO [HERE](#)** to access the Agenda, Absentee Ballot, minutes from two previous meetings requiring approval, proposed 2019-2020 Budget and the Statement on Immigration Reform.

This meeting will take place immediately after the second service on Sunday, May 19th. Remember that only Members may vote, but all are welcome to attend. Help us continue to be “way over Quorum” — we need a minimum of 56 Members in attendance to conduct business. Thanks in advance!

## PHOTO DIRECTORIES ARE IN!

Your Office Gremlins will be dispersing these Directories to New Members & Friends first. We will likely need a “second run” from publisher Mark Allison to fill the requests for new copies—if you are NOT new within the last 12 months, please request a new copy on the signup sheet at the front desk—copies are \$10.

**You may drop by any morning during the week to pick up a copy.** Cash or check happily accepted. Thanks!



Arcadia Power

## LIVING OUR VALUES: UUTC BUYS WIND (POWER)

**Tired of fossil fuel-based energy's environmental record?** UUTC has taken steps to divorce itself from the industry. From May of 2017, UUTC has been purchasing Green-e Energy certified renewable energy certificates to cover UUTC's consumption of electricity.

**Anyone can join Arcadia and have 50% of their energy use offset by wind power at no additional cost.** Going for a full 100% costs a bit more. **You can learn more and sign up [HERE](#).** This [Grist article](#) explains how it all works. Your money fuels investment in wind that is poured into the grid.

## FELLOWSHIP ON TAP • WEDNESDAY, MAY 15, 6:00PM



Mayberry's will be the site of this month's Fellowship on Tap. We love Mayberry's for its flexibility in seating, the fact that it is a Living Wage employer, and that you can walk right in, order, and then sit down with the rest of the crew!

Fellowship on Tap is a monthly opportunity for **Fellowship**. Requirements for selected locations are that they serve food (because FOOD) and that beer on tap is available, so that we are not guilty of false advertising. We also are very appreciative of the vendors who accommodate our typical 20 or so people gracefully. Regular spots are Mayberry's, KTCHN, Jordan Street Café, and Quixote's.

If you've been wanting an opportunity to get to know folks from UUTC a little better, or just need a night out, sign up at the front desk (or call the office) so we can get you a seat this coming Wednesday!



## ROMANIA TRAVELERS



Those of you who are friends with Carol Moore on Facebook will likely already have seen this great picture of our crew traveling with the Partner Church Council. From left to right, Carol Moore, Ian Fox, Dave Roberts, Susanne Rolland, Joanna Bliss, Bonnie Arbuckle, Teri Sandoval, Daniel Sandoval, Virginia MacDonald and Lorrie Shelly. This structure is a 1400s castle in Hunedoara that is privately owned.

On Sunday, July 7th, some who are in Romania now will speak to us about their experience in Transylvania—a place where religious freedom remained a “distinguishing feature” of the principality in Early Modern Europe ([Wikipedia](#)).

“The Edict of Torda did not acknowledge the individuals' right to religious freedom. Instead, it emphasized the local communities' right to freely choose their pastors. Furthermore, it did not cover the Orthodox Romanians, the Jews, and the Muslims. Nevertheless, the Edict of Torda was an extraordinary achievement of religious tolerance by the standards of 16th-century Europe.”

And today, Unitarian Universalists STILL get to choose their own pastors.

## TRAUMA 101: IT'S NOT WHAT'S WRONG WITH YOU, BUT WHAT'S STRONG IN YOU

The Center for Trauma Resilient Communities, a program of Crossnore School & Children's Home, is partnering with Brevard First United Methodist Church by offering an introductory session in building resilience for businesses, non-profit organizations, churches, school and healthcare personnel, foster families, and other interested individuals.

The session is titled Trauma 101: It's Not What's Wrong with You, But What's Strong in You and **will be held at Brevard First United Methodist Church on May 16, 2019 from 10:00 a.m. to 12:00 p.m.** The objective of the session is to learn about building resiliency in youth who have experienced trauma. The session will include a brief overview of adverse childhood experiences, trauma theory, and current research with some practical applications for building resilience. Meredith Martin, M.Div., MSW, LCSWA will be the presenter. Martin is the Director of Program Excellence at Crossnore and regularly trains Crossnore staff internally. She also works with the Center for Trauma Resilient Communities to train external organizations.

## D-DAY FOR THE FELLOWSHIP GREEN: FOUR WEEKS AWAY

The Facilities Team has been putting in a lot of hours, joined by others who are not Team members—but have been willing to lend a hand, anyway! (We're looking at you, Kevin Glenn & Peter Mockridge—and all those who contributed cardboard!)

Swamp milkweed donated by Joyce Pearsall is in the ground, along with a lot of other plants. Some will improve the habitat alongside the creek, others are hiding out in the raised beds until it is time to construct the wildflower meadow. Still others have been worked into the landscape to provide habitat diversity and a "stand" of plants from which to pull in the future.

Next week, the utility shed is due to be installed, after which the Team will be "sealing and painting" to ensure that the warranty is not voided for lack of proper protection. On the 19th, our Teen Night will have other painters at work—preparing the picnic tables with colorful protection, as well.

*Continued on next page...*



Top: Helder and younger install *Physostegia virginiana* and *Chelone obliqua* along the creek. Bottom: Invasive Japanese Knotweed, which will need constant attention to eradicate.



## D-DAY FOR THE FELLOWSHIP GREEN, continued...



Top: The plan, largely of native plants, for the front of the Oxford House. Bottom: Oxford House resident bean plants and wildflower meadow-destined coreopsis.

Completed pieces of the project are the revamped front bed at the Olympia Brown Oxford House, which will eventually provide better protection from headlights from Gaston Street, and the 4'x16'x16" raised beds which are being used by Oxford House residents and UUTC. Danny requested places for our kiddos to plant this spring/summer, and these beds are now ready to support those activities. The front bed contains high-value plants for pollinators and wildlife—serviceberry, American beautyberry, rudbeckia and more.

Where can the Facilities Team still use your help? One way is to help be a vigilante against invasives. We have a number of species that need to be managed, and that will require “the Gardener’s Shadow.” Japanese Knotweed is particularly pernicious, and starving it by snapping off/pulling up the shrub before it gets out of control is the best way to be shut of it. This could be a great weekly meditation (or exorcism?) for those who like to spend time in the garden.

The other area, where Facilities has invested only \$140, is wildflower meadow plants. A list of desired plants is at the front desk for you to take— our meadow will look a lot better a lot faster if *you can bring*

divisions of your own natives or purchase a pot or two to contribute. For now, please stick with only the plants on this list—they are hardy enough to survive the conditions where we will plant them!

## Inclusive. Intentional. INVOLVED.

***Our Mission, as a welcoming, inclusive community acting from love, compassion and respect is:***

***To support individual spiritual journeys and  
To promote social, economic and environmental justice.***

### KEEP UP WITH WHAT'S HAPPENING!!!

VIEW our “insider” [church calendar](#). For previous issues of the UUTC Update, click [HERE](#).

SEND news for this newsletter by 10:00am on Wednesdays.

### CONTACT US

Our mailing address is UUTC, PO Box 918, Brevard, NC 28712. Our church is located at the corner of Varsity Street and South Broad Street in Brevard. Our email address is [admin@uutc.org](mailto:admin@uutc.org).